

Dear Parents / Carers,

During this academic year, Relationships Education and Health Education will become statutory in all primary schools in England. This new subject will build on the non-statutory lessons we have previously taught in Relationships and Sex Education.

As a Catholic school, our mission is to support the spiritual, moral, social and cultural development of all of our pupils, rooted in the wisdom and teaching of the Church. The education of children in human sexuality is an important, precious and privileged responsibility. The Church teaches us that this is very much a partnership with parents, in which parents are the 'first educators' of their children on these matters and that we then work together to co-educate your children with you.

We have been researching various programmes that are available and have decided to adopt **Life to the Full** by TenTen Resources. TenTen is an award-winning Catholic educational organisation that is well-respected and very experienced in this field of work.

Life to the Full has been approved for use by Salford Diocese. Furthermore, TenTen have entered into a partnership with the Catholic Education Service and the Department for Education to provide training for teachers in Catholic schools on the subject of the new statutory curriculum. Therefore, we are confident that this programme is a very good fit for our school.

Through their programme, TenTen understand the foundational role that parents have in educating and nurturing their children on these matters. Within the programme, they have built in resources which will not only keep you informed about what is being taught in school, but will also give you the opportunity to engage your children in discussion, activity and prayer. Please see the attached documentation for a brief overview of topics covered.

As previously stated, Relationships Education and Health Education will be statutory in all primary schools and the guidance states that it is compulsory for all children to take part in Relationship and Health Education. Parents continue to have **the right to withdraw** their children from Sex Education except in those elements which are required by the National Curriculum for science. **Should parents wish to withdraw their children they are asked to notify the school by contacting Mrs Hanley.**

We would like to have your feedback on our approach, and particularly on the key decisions that we need to take regarding the teaching of certain topics. To this end, we have opened a consultation period during which we welcome your feedback.

We have put a short PowerPoint with brief details onto our school website and TenTen have provided an online **Parent Consultation Tool**. This is a simple-to-follow, short online course which:

- Outlines the statutory changes that will take place.
- Articulates a vision for Catholic Relationships and Health Education.
- Explains how Life to the Full aims to help us fulfil the statutory curriculum with a Catholic ethos.
- Provides some information about key decisions we need to make, in consultation with parents.
- Answers some Frequently Asked Questions.

To take part in this initial consultation, please do the following:

**Step 1:** Access TenTen's Parent Consultation Tool where you will be provided with access to different units introducing you to the 'Life to the Full' programme. You can access this by following the link below.

You will need the following login credentials for our school in order to explore these resources:

Insert link to website and login credentials provided by Ten Ten from Monday 7<sup>th</sup> June 2021 (if we subscribe for the 2021/22 academic year):

Username:

Password:

**Step 2:** After accessing the units and exploring the 'Life to the Full' programme, please complete the following questionnaire by (insert date) in order to give your valued feedback:

Insert link to survey monkey questionnaire (suggested questions can be found in separate attachment)

TenTen has also provided an Online Parent Portal, which will be a tool we can use throughout the year to keep you informed and updated about the work we are doing in school.

The parent consultation period will close on (insert date) so please complete your feedback by then.

We hope that our consultation will assure you about the new provision we will be using to teach Relationship, Health and Sex Education and the sensitive approach that the school will be taking towards this subject.

Kind regards,



## TenTen Brief Overview

### TenTen Programme Structure

In Life to the Full, we will be following a three-stage structure which is repeated across three different learning stages:

- Key Stage One is aimed at Years 1 and 2\*
- Lower Key Stage Two is aimed at Years 3 and 4
- Upper Key Stage Two is aimed at Years 5 and 6

\*EYFS to follow in the future

Within each learning stage, there are three modules which are based on the Model Catholic RSE Curriculum. Each Module is then broken down into Units of Work.

Module 1	Created and Loved by God
Units	Religious Understanding Me, My Body, My Health Emotional Well-Being Life Cycles
Module 2	Created to Love Others
Units	Religious Understanding Personal Relationship Keeping Safe
Module 3	Created to Live in Community
Units	Religious Understanding Living in the Wider World

### TenTen Programme Content

**Key decisions have been highlighted in red text for you to consider and respond to on our parental consultation questionnaire.**

The programme adopts a spiral curriculum approach so that as your child goes through the programme year-after-year, the learning will develop and grow, with each stage building on the last.

### **Module One: Created and Loved by God**

Module One: Created and Loved by God explores the individual. Rooted in the teaching that we are made in the image and likeness of God, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.

In these sessions, we explore:

**Key Stage One** – that we are uniquely made by a loving God, that we have differences and similarities (including physical differences between boys and girls), key information about staying physically healthy, understanding feelings and emotions, including strong feelings such as anger, and the cycle of life from birth to old age.

**Lower Key Stage Two** – understanding differences, respecting our bodies, **puberty and changing bodies (recommended for Year 4+)**, strategies to support emotional wellbeing including practicing thankfulness, and the development of pupils understanding of life before birth.

**Upper Key Stage Two** – appreciation of physical and emotional differences, a more complex understanding of physical changes in girl's and boy's bodies, body image, strong emotional feelings, the impact of the internet and social media on emotional well-being, a more nuanced and scientific understanding of life in the womb **and how babies are made**, and menstruation.

### **Module Two: Created to Love Others**

Module Two: Created to Love Others, explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this unit explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe.

This religious understanding is then applied to real-world situations relevant to the age and stage of the children:

**Key Stage One** – In the Unit 'Personal Relationships', children are taught to identify the Special People in their lives who they love and can trust, how to cope with various social situations and dilemmas, and the importance of saying sorry and

forgiveness within relationships. In the Unit 'Keeping Safe', we explore the risks of being online by incorporating the 'Smartie the Penguin' resources from Childnet, the difference between good and bad secrets, and teaching on physical boundaries (incorporating the PANTS resource the NSPCC).

**Lower Key Stage Two** –The sessions here help children to develop a more complex appreciation of different family structures and there are activities and strategies to help them develop healthy relationships with family and friends; here, they are also taught simplified Cognitive Behavioral Therapy (CBT) techniques for managing thoughts, feelings and actions.

Once again, for the 'Keeping Safe' unit, there are some excellent NSPCC resources, as well as teaching on bullying and abuse through a series of animated stories.

**Upper Key Stage Two** – The sessions for UKS2 in the 'Personal Relationships' module aim to equip children with strategies for more complex experiences of relationships and conflict; this includes sessions that help children to identify and understand how to respond to spoken and unspoken pressure, the concept of consent and some practical demonstrations of this, and further teaching on how our thoughts and feelings have an impact on how we act.

### **Module Three: Created to Live in Community**

Finally, Module Three: Created to Live in Community explores the individual's relationship with the wider world. Here we explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.

In the first Unit, Religious Understanding, the story sessions help children to develop a concept of the Trinity.

In subsequent sessions, we apply this religious understanding to real-world situations, such as the community we live in, and through exploring the work of charities which work for the Common Good.