



The Cathedral School of St Peter and St John RC Primary

‘Growing together within God’s loving family, we support, challenge and inspire each other to become the best that we can be

Physical Education Curriculum

Planning for Progression

Progression in Gymnastics

<u>Year Group</u>	<u>End result of Scheme of Work</u>
Y1	Introduction to ways of travelling and simple balances
Y2	Develop ways to travel, balances, use of apparatus & intro to Mirror and Match
Y3	As above + Canon/Unison
Y4	Pupils use skills and knowledge to create routines as small groups with partial guidance
Y5	Pupils create gymnastic routines as small groups independently & intro to partner balances
Y6	Pupils create gymnastics routines as medium sized groups involving canon/unison, mirror/match,



	partner balances and apparatus w/ no guidance
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